

Notes from the Nurses - Welcome back to school 2019-2020!

Welcome back to school Waterford Township Families! We hope you had a fantastic summer and everyone is ready for an exciting new school year. We thought we would put out some important health information as a reminder for our families.

1. **When can my child return to school after a fever?** In our district, a fever is considered any temperature above 100.0 degrees. Your child will be sent home from school if they have a temperature greater than 100.0. If your child gets sent home during a school day for a temperature above 100.0, **they may not return to school the next day.** Your child may return to school only after they have had a temperature below 100.0 degrees for at least 24 hours without medication { i.e. Acetaminophen (Tylenol) or Ibuprofen (Motrin, Advil)}.
2. **When can my child return to school after throwing up?** If your child gets sent home during the school day for throwing up, **DO NOT** send them to school the next day. Your child may return to school if they have not thrown up again for at least 24 hours. If your child throws up the night before school, **DO NOT** send them to school the next morning. Your child can throw up from a stomach virus without having a fever.
3. **When can my child return to school after having pink eye?** Your child may return to school after they have been seen by your healthcare provider and have been on medication for at least 24 hours. Pink eye is extremely contagious if not properly treated. Red, bloodshot eyes, eye discharge/crusting/yellow “eye boogers” are tell tale signs of pink eye.
4. **When can my child return to school if they have had head lice?** If your child has had live head lice, they may return to school only after they have been treated with lice killing shampoo and all live lice are gone. Your child may be in school with nits (lice eggs) remaining attached to the hair, but it is very important to remove all nits (lice eggs) as soon as possible to avoid new live lice from hatching. Your child’s head will be checked upon returning to school to ensure no live lice are present. If you have any questions on how to properly treat for head lice, please call your school nurse or your healthcare provider.
5. **What if I don’t want my child to go outside for recess?** If there is a medical reason your child can not go outside for recess, please provide us with a Doctor’s order. Getting outside is a vital part of the school day for socialization with friends and the opportunity to get fresh air and be outside the walls of the classroom or building. We will keep students inside only if it is advised to do so by a Physician.
6. **Do I have to send clothes back to school if they had to change?** If your child had an incident/accident that required a change of clothes to be provided during school hours, please wash the clothes and return them to the nurse’s office as soon as possible. You do not have to return underwear or socks.

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